



*Inspired by the Patients We Serve*

## **Ibibazo by'ubushakashatsi ku bikenerwa n'abaturage muri serivisi z'ubuzima**

Kamena 2024

Affinia Healthcare (yahoze yitwa Grace Hill Health Centers) yafashije abatuye mu gace ka St. Louis metropolitan guhera mu mwaka 1906. Dutanga serivisi z'ubuvuzi bw'ibanze n'ubuvuzi bufasha mu kwirinda indwara ku baturage barenga 43.000 buri mwaka. Ni inshingano dukora ku buryo butavugwa kandi twishimira cyane. Turimo gukora ubushakashatsi ku bikenerwa n'abaturage muri serivisi z'ubuvuzi kugira ngo duhabwe ibitekerezo by'uburyo twarushaho gufasha neza abaturage. Turagusaba gusubiza ibibazo biri hasi mu kudufasha kumva neza uburyo Affinia Healthcare yagufasha, igafasha umuryango wawe hamwe n'abaturage bacu bose. Murakoze!

1. Ni gute wavuga uko ubuzima bwawe bumeze muri rusange? (Hitamo kimwe)

- Bumeze neza cyane
- Bumeze neza
- Biraho
- Ntibumeze neza

2. Ni gute wavuga uko ubuzima bw'abo mubana bumeze muri rusange? (Hitamo kimwe)

- Bumeze neza cyane
- Bumeze neza
- Biraho
- Ntibumeze neza

3. Ni gute wavuga uko ubuzima bw'abantu benshi baho mutuye bumeze muri rusange? (Hitamo kimwe)

- Bumeze neza cyane
- Bumeze neza
- Biraho
- Ntibumeze neza

4. Ese bamwe mu bagize umuryango wawe bafite abaganga bahoraho cyangwa ababaha serivisi z'ubuzima z'ibanze?

- \_\_\_ Yego
- \_\_\_ Oya
- \_\_\_ Simbizi neza

5. Ukurikije uko ubizi, wavuga imiterere y'ubwishingizi ku baturage baho utuye. Shyira akaziga **Bose**, **Bamwe muri bo** cyangwa **Bake muri bo** muni ya buri bwoko kuri buri gisubizo:

Ubwishingizi (Blue Cross Blue Shield, United Healthcare, Tricare, n'ubundi.)

**Bose**                      **Bamwe muri bo**                      **Bake muri bo**

Medicare

**Bose**                      **Bamwe muri bo**                      **Bake muri bo**

Medicaid

**Bose**                      **Bamwe muri bo**                      **Bake muri bo**

Nta bw'ishingizi

**Bose**                      **Bamwe muri bo**                      **Bake muri bo**

Ibindi \_\_\_\_\_

6. Shyira akamenyetso ku bwoko cyangwa itsinda ry'ubwoko ubarirwamo:

Umwirabura (utari-Hispanic) \_\_\_\_\_ Umuzungu  
(utari-Hispanic) \_\_\_\_\_ Umunyaziya \_\_\_\_\_  
Umusangwabutaka wa Amerika

Hispanic (amoko yose) \_\_\_\_\_ Ubundi: \_\_\_\_\_

Gabo: \_\_\_\_\_ Gore: \_\_\_\_\_ Ikindi: \_\_\_\_\_

Uwasezerewe mu ngabo za Amerika: \_\_\_\_\_ LGBTQIA+: \_\_\_\_\_

7. Soma urutonde ruri hasi nurangiza ushyire akamenyetso **ku bibazo by'ubuzima bitatu**

**(3)** bikunze kugaragara aho mutuye:

\_\_\_ Indwara ya COVID-19

\_\_\_ Diyabete

\_\_\_ Umuvuduko w'amaraso

\_\_\_ Kanseri

\_\_\_ Umubyibuho ukabije

\_\_\_ Kugira Kolesiterole nyinshi

\_\_\_ Asima

\_\_\_ Indwara yo mu bihaha

\_\_\_ Kwangirika k'udutsi two mu bwonko (sitoroke)

\_\_\_ Indwara y'umutima

\_\_\_ Kubabara mu ngingo

\_\_\_ Indwara zandurira mu mibonano mpuzabitsina

\_\_\_ Agakoko gatera SIDA

\_\_\_ Epatite C

\_\_\_ Ubwandu buturutse ku mugese cyangwa kugira aho uhurira n'ibintu bifite umugese

\_\_\_ Ibibazo bijyanye n'ubuzima bw'umubyeyi w'umugore

Ikibazo cy'ingenzi: \_\_\_\_\_

\_\_\_ Ibazo by'ubuzima bw'abana

Ikibazo cy'ingenzi: \_\_\_\_\_

\_\_\_ Ibibazo by'ubuzima bwo mu mutwe

\_\_\_ Gukomereka/Umuhangayiko ukabije

\_\_\_ Ikoreshwa ry'ibiyobyabwenge

\_\_\_ Ibisindisha

\_\_\_ Opioid (Kubatwa n'imiti igabanya ububabare)

\_\_\_ Ibindi: \_\_\_\_\_

\_\_\_ Indwara z'amenyo

Ibindi (bivuge)

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8. Ni iyihe serivisi y'ubuzima bwo kwirinda indwara wifuza ko yaboneka aho utuye cyangwa yahabwa abaturage?

\_\_\_ Kubona indyo nziza

\_\_\_ Inkingo zihabwa abantu bakuru

\_\_\_ Gusuzuma umuvuduko w'amaraso

\_\_\_ Gusuzuma ingano y'isukari mu mubiri

\_\_\_ Gusuzuma ingano ya kolesiteroli mu mubiri

\_\_\_ Gupima COVID-19

\_\_\_ Gukingira COVID-19

\_\_\_ Koza amenyo/X-rays

\_\_\_ Serivisi ya diyalize

\_\_\_ Gukingira ibicurane

\_\_\_ Gusuzuma ububasha bwo kumva

\_\_\_ Serivisi z'ubuvuzi zitangirwa mu rugo

\_\_\_ Gusuzuma kanseri y'inkondo y'umura

\_\_\_ Gusuzuma abana

\_\_\_ Gukingira abana

\_\_\_ Ibizamini by'ingingo z'umubiri

\_\_\_ Gusuzuma no kuvura indwara zandurira mu mibonano mpuzabitsina

\_\_\_ Serivisi zihariye ku baturage babarizwa mu muryango wa LGBTQ

\_\_\_ Serivisi zivura abakoresha ibiyobyabwenge

\_\_\_ Gusuzuma amaso

9. Turagusaba gushimangira ibikenerwa muri serivisi z'ubuzima kuri aba baturage bihariye:

a. Abageze muzabukuru \_\_\_\_\_

b. LGBTQIA+: \_\_\_\_\_

c. Abasezerewe mu ngabo: \_\_\_\_\_

d. Abafite aho baba: \_\_\_\_\_

e. Amacumbi rusange: \_\_\_\_\_

f. Abimukira: \_\_\_\_\_

10. Ni izihe nzitizi zikunda kugaragara muri serivisi z'ubuzima no mu bukangurambaga aho mutuye?

\_\_\_\_\_  
[www.affiniahealthcare.org](http://www.affiniahealthcare.org)  
\_\_\_\_\_



11. Ni ayahe masaha meza ku munsu kuri wowe yo gusura utanga serivizi z'ubuzima?

- Mu Gitondo (saa 8:00 kugeza saa sita)
  - Nimugoroba (guhera saa sita kugeza 5:00 za Nimugoroba)
  - Ku Gicamunsi (saa 5:00 za Nimugoroba gukomeza) ikindi gihe (kivuge)
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12. Vuga iminsi itatu (3) ya mbere mu cyumweru wumva ko ariyo ikunogeye kujya kureba utanga serivizi z'ubuzima. (Andika #1 ku munsu wumva wabanza; na #2 ku munsu wakurikiraho; na #3 ku munsu wumva wasorezaho).

- Ku wa Mbere
- Ku wa Kabiri
- Ku wa Gatatu
- Ku wa Kane
- Ku wa Gatanu
- Ku wa Gatandatu
- Ku Cyumweru

13. Ni iyihe nimeru y'agasanduku k'iposita k'aho uba? \_\_\_\_\_

14. Ni irihe shami rya Affinia Healthcation ryegereye agace utuyemo? (Niba utarizi, subiza 'Ntaryo nzi') \_\_\_\_\_

15. Waba uri umurwayi uhabwa serivizi na Affinia Healthcare kuri ubu?

- a. Yego
- b. Oya

**Tubashimiye ubwitabire bwanyu!**