



Breastfeeding is Sweet Ice Cream Social

Join Affinia Healthcare for a family-friendly and fun event to celebrate World Breastfeeding Week! Connect with us in a supportive setting as we promote breastfeeding as a healthy & natural choice, enjoy sweet treats, and celebrate with other moms. This event is open to pregnant, breastfeeding and previous breastfeeding moms. Register early to save your spot!

What to expect:

- Get the *Scoop on Breastfeeding* with breastfeeding nutrition, pumping and milk storage, and breastfeeding techniques
- Raffles and giveaways
- and ice cream!

**Thursday, August 6
1 to 3 p.m.**

**Affinia Healthcare
2220 Lemp Ave.
St. Louis, 63104**



*Scan the QR code to
register in advance*



For more information, please contact:
Breastfeeding Coordinator Mariah Cason at
mcason@affiniahealthcare.org or text 1-888-934-7779

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