



Nightingale

Affinia Healthcare Announces Appointment of Dr. David A. Miller as Vice President and Chief Operating Officer

Following a comprehensive national search, the Affinia Healthcare Selection Committee is pleased to announce Dr. David A. Miller has been appointed Vice President and Chief Operating Officer. He will assume his new role on March 1.

Currently, he serves as the Affinia Healthcare Convenience Care Clinical Director and Assistant Medical Director, where he has played an instrumental role in advancing high-quality, patient-centered care and strengthening clinical operations across the organization.

“I am grateful for the opportunity to contribute more directly to the continued success and forward momentum of Affinia Healthcare and its innovative support of our communities,” said Affinia Healthcare Convenience Care Clinical Director and Assistant Medical Director Dr. David Miller. “While my new role marks a career change for me as a clinician, it’s

one I embrace and have prepared for.”

Dr. Miller brings more than a decade of dedicated service to Affinia Healthcare, having served in key clinical and leadership roles since 2014. In addition to his time with Affinia Healthcare, Dr. Miller has an extensive background in the medical industry and is a nationally recognized and award-winning author and photographer.



Dr. David A. Miller announced as new Affinia Healthcare Vice President and Chief Operating Officer.

“Dr. Miller has demonstrated outstanding leadership, deep commitment to our mission, and an unwavering focus on improving access to care for the communities we serve,” said Affinia Healthcare President and CEO Dr. Kendra Holmes. “We are excited to welcome him into this new role and confident that his experience, vision, and dedication will help guide Affinia Healthcare into its next chapter of growth and

See **COO**, cont'd on page 3

Affinia Healthcare partners with nonprofit to influence change with area youth

Affinia Healthcare, in partnership with CHANGE nonprofit organization, launched a program for youth to speak openly and safely about their mental health and other important issues. Five months ago, Youth Support Group was developed.

“The overall feedback from youth that attend is that they like the program,” said Affinia Healthcare Outreach Director LaDon Meriweather. “The adults helping to facilitate this program have experienced some of the same challenges the kids are now faced with, making the

adults become more relatable and easier for the youth to communicate with.”

CHANGE is an organization working directly with youth in the community teaching them deescalation tactics, helping to build confidence, developing future leaders and more.

“CHANGE really does the work, and this is why we chose to partner with them for this program,” said Meriweather.

See **Youth**, cont'd on page 4



Celebrating Excellence, Care & Compassion

St. Louis Business 500: Dr. Kendra Holmes, President & CEO, was named one of the region’s most influential and impactful leaders in the 2026 St. Louis Business 500. This distinct honor is not only a reflection of her leadership, but a testament to the hard work and dedication from the entire Affinia Healthcare team who serve the community with pride.



Holmes



Pictured (l to r): Clayco Senior Corporate Insurance CHIP Compliance Manager Trish Marcano-Henderson, Meriweather, A Conversation participant Derwin Ray and Clayco VP of Field Culture and Inclusion Dan Lester, Sr.

Congratulations to Affinia Healthcare Outreach Director Ladon Meriweather and everyone involved with the success of A Conversation.

A Conversation - a group which meets monthly for men in the community to discuss their mental and physical health, and more - was recently recognized and awarded funding by Clayco Cares to continue providing services.

Clayco Cares is a program which supports wellness and overall well-being within their organization, Clayco.

AFFINIA HEALTHCARE
Inspired by the Patients We Serve

EMPLOYEE of the 4th Quarter

ANGELIQUE BROWN

Lead Dental Assistant

Angelique has been with Affinia Healthcare for 10 years. She is responsible for scheduling patient appointments, assisting the dentists and more. Angelique enjoys working at Affinia Healthcare and making sure patients receive the quality care they deserve. Thank you for your dedication!

Congratulations!

www.affiniahealthcare.org

THE AFFINIA HEALTHCARE Team
The Award-winning Affinia Healthcare Team

2025 EMPLOYEE of the Year

ANGELIQUE BROWN

Lead Dental Assistant

Angelique has been with Affinia Healthcare for 10 years providing outstanding service to patients. She is a wonderful team player responsible for scheduling patient appointments, assisting the dentists and more. Thank you for your dedication.

Congratulations!

www.affiniahealthcare.org



THE AFFINIA Team
The Award-winning Affinia Healthcare Team

Welcome
TO THE TEAM

You'll soon see new faces walking the halls at our health centers. We're happy to welcome our newest team members to the A Team!

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The Award-winning Affinia Healthcare Team

Spotlight

Convenience Care Health Center Support Clerk Nakisha Tabron (left) receiving her five-year recognition certificate from Director of Health Center Operations, Lemp Avenue Gwennita Watson (right).

Congratulations to Affinia Healthcare Convenience Care Health Center Support Clerk Nakisha Tabron for five years of service. Thank you for your dedication to serving our patients!

AFFINIA HEALTHCARE

THE AFFINIA Team
The Award-winning Affinia Healthcare Team

Spotlight

Congratulations to Dental Assistant **Greg Roby**, for celebrating 10 years at Affinia Healthcare. Thank you for your dedication, professionalism and commitment to serving our patients.
Congratulations!

GREG ROBY
Dental Assistant

AFFINIA HEALTHCARE

COO *cont'd from page 1*

impact.”

As Vice President and COO, Dr. Miller will oversee operational strategy and support continued innovation in care delivery, ensuring Affinia Healthcare remains a trusted leader in community health.

“I believe in the mission and vision of community health centers as it aligns with my training and



Dr. David A. Miller (left) with WIC Manager Meagan Scalfano (right) volunteering at the Food Access Resource Market at the Biddle Health Center.



Affinia Healthcare working to help patients keep their health goals



Two GLP-1 medications available for Affinia Healthcare patients, Ozempic and Trulicity.

Affinia Healthcare is working to help patients not only achieve their health goals but maintain their goals with the use of Glucagon-Like Peptide-1 (GLP-1), a medication to help manage blood sugar levels for people with type 2 diabetes and treat obesity.

The World Health Organization (WHO) recently released guidelines recommending the use of GLP-1 for long-term use to manage

obesity and potentially help reduce the risk of other associated harmful diseases.

“GLP-1s can be used for DM2 management and also weight management for those with obesity,” said Affinia Healthcare Vice President and Chief Medical Officer Dr. Melissa Tepe. “There is potential for reduction in cardiovascular risk, hypertension, and kidney disease as well.”

The WHO acknowledges medication alone won’t solve obesity problems, but other therapies paired with GLP-1 will help with improving quality of life and making lifestyle changes. Affinia Healthcare has many tools to help patients make the necessary lifestyle changes in conjunction with the use of GLP-1 to jump start their weight-loss goals and support long-term health and well-being.

“In addition to the GLP-1, patients have access to our Walking Club, healthy food sources and cooking class events and much more,” Tepe added.

Barriers such as accessibility and race have unfortunately hindered

patients in Black and Brown communities from utilizing this medication. According to a study conducted by the National Institute of Health, there have been racial and ethnic disparities in the use of obesity-management medications.

“At Affinia Healthcare it’s important we continue to be a resource for everyone in our community, especially for the African American and Hispanic populations, who are known to have higher obesity rates versus their counterparts,” said Affinia Healthcare Director of Pharmacy Kenyatta Johnson. “Ensuring they have access to medications and other resources to help further their life span is important to the work we do daily.”

Affinia Healthcare has three pharmacy locations available for prescriptions to be filled: 1717 Biddle Street, 2220 Lemp Avenue and one in Ferguson at 3396 Pershall Road. For more information or to schedule an appointment, please call 314-814-8700.

Youth *cont'd from page 1*

This program stems from a grant awarded to Affinia Healthcare for \$100,000 which ends in August.

“The grant was awarded by the City of St. Louis, Office of Violence Prevention under its initiative to reduce crime among at-risk youth,” said Affinia Healthcare Vice President, Development and Community Relations Yvonne Buhlinger.

The first cohort began in September and will end next month with a ceremony to recognize the achievements of the youth. The second cohort is scheduled to begin next month and will conclude later this year.

Affinia Healthcare offers behavioral health

treatment for children up to 18 years old through the Child Development Center (CDC). The CDC offers wraparound services with a multidisciplinary team of specialists including psychologists, psychiatrists, clinical social workers, and speech therapists.

In addition, Affinia Healthcare provides support to adult men and women in the community with A Conversation, Women’s Perinatal Loss & Grief Support, and Women’s Grief Support Group, programs designed to assist with mental health issues and more for community members and patients.



For Your Information

AFFINIA HEALTHCARE

BACK TO SCHOOL Bash!

- Physicals & immunizations
- Free school supplies (while supplies last)
- Medicaid application assistance
- Free haircuts & face paintings
- Music, fun and more!

JOIN US AT THE FOLLOWING AFFINIA HEALTHCARE LOCATIONS:

10 A.M. TO 2 P.M.
SAT., JULY 25 @ 2220 LEMP AVE
SAT., AUG. 1 @ 3396 PERSHALL RD
SAT., AUG. 8 @ 1717 BIDDLE ST

For more information, call 314-814-8700.
 Walk-ins are welcome. No appointments needed.
 This event is free and open to the public.

www.affiniahealthcare.org

AFFINIA HEALTHCARE

Medicaid Work Requirements Update

MO HealthNet is preparing for changes which may affect health coverage in the future. The changes are not in effect yet, but preparing now may help keep your coverage. Below is a brief overview of expected changes and proactive steps you can take now so you don't lose coverage.

What's Changing:

- Adults ages 19-65 may be required to complete 80 hours of approved work or community engagement activities to keep their coverage.

What Actions Can You Take?

Even though the rules are not required yet, you can start preparing now.

Start Tracking Your Activities:

- Keep a simple record each month that includes:
 - Date
 - Type of activity (work, school, volunteering, training)
 - Number of hours
 - Name of employer, school, or organization

Save Proof When Possible:

Helpful documents include:

- Pay stubs or work schedules
- School schedules or enrollment letters
- Volunteer sign-in sheets or letters
- Emails or certificates from training programs

For more information

The Affinia Healthcare Outreach Team is here to help. For more information, questions or concerns, please contact an Affinia Healthcare Outreach Team Member.

314.814.8630 or 314.898.4281

www.affiniahealthcare.org

AFFINIA HEALTHCARE

CONVENIENCE are

The Affinia Healthcare Urgent Care service is now **Affinia Healthcare Convenience Care**. A new name but the same commitment to delivering high-quality, immediate care at our 2220 Lemp Avenue location. No appointment needed.

Hours of Operation:
Monday-Friday, 8:00 a.m. to 5 p.m.

Services available include:

- Mild/moderate abdominal pain ✓
- Vaccinations ✓
- Asthma care ✓
- Screening Physicals ✓
- Cold & flu ✓
- Minor skin rashes & infections ✓
- STI testing & treatment ✓
- Pregnancy testing ✓
- and more!

- Walk-ins welcome
- Medicaid, Medicare & most private insurances are accepted. Sliding scale pay available for uninsured patients.

314.814.8700

www.affiniahealthcare.org

AFFINIA HEALTHCARE

Now Hiring!

Affinia Healthcare offers excellent benefits to all of our full-time employees. Benefits include:

- Health, dental, and vision insurance
- Generous paid time-off program
- A defined contribution retirement plan
- No weekends, holidays or evening hours required

We are an equal opportunity employer.

Scan QR code for more information.

www.affiniahealthcare.org



AFFINIA

HEALTHCARE™

Inspired by the Patients We Serve

Our Locations

4414 North Florissant Avenue

2220 Lemp Avenue

3930 South Broadway Street

1717 Biddle Street

6763 Page Avenue

3396 Pershall Road

3030 S. Grand

St. Louis Dental Center

Affinia Healthcare Program Management Office

Connect with Affinia Healthcare on Social Media

Please like us on **Facebook**:

www.facebook.com/affiniahealthcare

www.facebook.com/Affinia-Healthcare-WIC-Program-566603083429888/

www.facebook.com/stldentalcenter

See our videos on **YouTube** (Affinia Healthcare)

Follow us on **Instagram**:

www.instagram.com/affinia_healthcare/

www.instagram.com/affinia_healthcare_friends/

www.instagram.com/affiniahealthcareWIC

www.instagram.com/affinia_midwifery

TikTok: www.tiktok.com/affiniahealthcare

The Affinia Healthcare Nightingale is published for the use and enjoyment of the staff, patients and supporters of Affinia Healthcare. To submit information regarding community events or other news items, contact: Schalene Houston-Butler, Communications Manager, at 314-964-7793, or via email: shouston@affiniahealthcare.org.

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