

Safe Sleep Session

Affinia Healthcare is happy to collaborate with The Foundation for Barnes-Jewish Hospital to host our Safe Sleep Session. This is an opportunity for mothers-to-be, new mothers and family members interested in learning about safe sleep practices for babies. There are limited spots for this event; make sure you register today!

Participants must register in advance to attend. The pregnancy due date should be between June 1 and August 1, 2026.

What to expect:

- Resources
- Tips for a safe night of rest for baby
- Free Pack 'n' Play for eligible participants
- Tour of BJC
- and more!



Monday, May 11
Noon to 2 p.m.

Barnes-Jewish Hospital

1 Parkview Place
St. Louis, 63110

*Scan the QR code to
register in advance*



For more information

Maternal Child Coordinator Ebony Hamilton at 314-814-8626

www.affiniahealthcare.org

