



# Healthy Living

## For a Stronger Tomorrow

Health is wealth! Kick off the new year prioritizing your health. The Affinia Healthcare Community Outreach Team is collaborating with McCormack House at Forest Park Southeast to provide vital services to residents.

*This event is for residents of McCormack House only.*

**Thursday, January 8**

**9 a.m. to 11 a.m.**

**McCormack House at Forest Park Southeast**

4575 Cadet Ave., St. Louis, MO 63110

### Services Provided:



- Health screenings for A1C, blood pressure and cholesterol
- Hypertension and diabetes education
- Colon and prostate screening awareness

[www.affiniahealthcare.org](http://www.affiniahealthcare.org)



314-518-0368