



Wellness for You

Health and Wellness

Health is Wealth! November is American Diabetes Month and Affinia Healthcare is working to educate the community about diabetes. Join Affinia Healthcare for an opportunity to receive vital health resources, get routine health screenings, check out healthy cooking demonstrations and more!

Friday, November 21

11 a.m. to 1 p.m.

O'Fallon Park Rec Complex

4343 W. Florissant

St. Louis, MO 63115

- FREE bag of groceries
(one per household)
- Receive a \$25 gift card
(while supplies last)
- Healthy cooking demonstrations
- A1C and Blood Pressure Screenings
- and more!

To schedule an appointment, call

314-814-8700

