



# *Safe Sleep Session*

The Affinia Healthcare Perinatal team in collaboration with Infant Loss Resources is hosting a Safe Sleep Session for mothers-to-be, new mothers and family members interested in learning about safe sleep practices for babies. There will be helpful resources, tips to help babies receive a safe night of rest. Eligible participants will receive a Pack 'n Play.

**Wednesday, October 8, 2025**  
**Noon - 1 p.m.**

**Affinia Healthcare**

Classroom 1  
1717 Biddle Street  
St. Louis, MO 63106

*Scan the QR  
code to register*



**For more information, please contact**  
**Christopher Carr, CHW Manager**  
**at 314-797-0122.**



**[www.affiniahealthcare.org](http://www.affiniahealthcare.org)**

