



AFFINIA  
HEALTHCARE™

# Healthy Breathing Healthy You

The third week in September is Asthma Peak Week. Due to a combination of factors such as seasonal allergies, back-to-school germs and a shift in seasons, kids are at a higher risk of experiencing an asthma attack. The Affinia Healthcare Community Health team wants you to learn more about asthma and decrease hospital visits for pediatric and adult exacerbations.

- Receive educational materials
- Hypoallergenic cleaning supplies
- and other incentives  
*(while supplies last)*

*Scan the QR code to  
register in advance*



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## Thursday, September 18

**10 a.m. to 1 p.m.**

**O'Fallon Park YMCA**

4343 W. Florissant  
St. Louis, MO 63115

### FOR MORE INFORMATION

Candace Henderson  
Director of Community Health  
314-658-4865

