

WORLD BREASTFEEDING WEEK

In honor of National World Breastfeeding Week, our Affinia Healthcare WIC Team has a lineup of fun-filled and educational events planned for the entire month! At each event a grocery bag filled with ingredients for a healthy recipe will be provided. Some events will feature cooking demonstrations, diaper giveaways, a \$20 grocery gift card and much more!

Friday
August 1
2 to 4 p.m.

Sliding for Mamas - Slide Dance Session

Affinia Healthcare
1717 Biddle Street
St. Louis, 63106

Wednesday
August 6
Noon to 1:30 p.m.

Safe Sleep & Breastfeeding Education

Affinia Healthcare
1717 Biddle Street
St. Louis, 63106

Thursday
August 21
1 to 3 p.m.

Breastfeeding Bingo and Breastfeeding Basics Class

Affinia Healthcare
2220 Lemp Avenue
St. Louis, 63104

Tuesday
August 26
6:30 - 7:30 p.m.

Sliding for Mamas - Slide Dance Session

Malone
2650 Locust, Maker Unit 6
St. Louis, 63103

Wednesday
August 27
Noon to 1 p.m.

Breastfeeding Support Session

Affinia Healthcare
3930 S. Broadway
St. Louis, 63118



*Scan the QR code
to register in advance*



For more information

Breastfeeding Coordinator Mariah Cason at 314-814-8682
Text 1-888-934-7779

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