

# COMMUNITY RESOURCE PROGRAM

## RESOURCE GUIDE

Foodbank®  
St. Louis Area Foodbank

### Do you need assistance with community resources? The St. Louis Area Foodbank Can Help.

#### PUBLIC BENEFITS *SNAP, Medicaid, & LIHEAP*



Apply for SNAP (food stamp) Benefits, Medicaid, and the Low Income Home Energy Assistance Program. Our Community Resource team can answer your questions or help you apply. We assist both Illinois and Missouri residents. Scan the QR code to schedule an appointment.



#### *Food Pantries*

Visit one of the Foodbank's partner food pantries near you. To find pantries close to you:

1. Scan the QR code or visit the Foodbank's **Find Food** page:

<https://stlfoodbank.org/programs-services/find-food/>. Type in your address or zip code to see locations and contact information for pantries closest to you.

2. Call our main phone number to be assisted over the phone: (314) 292-6262.

#### FIND FOOD



#### EVENTS *Mobile Food Distributions*



Scan the QR code or visit our events page to find mobile food distributions near you:  
<https://stlfoodbank.org/events/>.

#### *United Way*

Call the 24/7 2-1-1 line to speak with a United Way representative who can connect you with resources for basic needs, healthcare, and more. For more information on this service scan the QR code or visit the <https://helpingpeople.org/united-way-2-1-1/>.

#### 2-1-1



#### ***This institution is an equal opportunity provider.***

*This project has been funded at least in part with Federal funds from the U.S. Department of Agriculture. The contents of this publication do not necessarily reflect the view or policies of the U.S. Department of Agriculture, nor does mention of trade names, commercial products, or organizations imply endorsement by the U.S. Government.*